

# HOW TO BE SPIRITUALLY HEALTHY IN 2026

Luke 14:25-35 (page 1623)

January 4, 2026

## FIVE RESOLUTIONS (from Jonathan Edwards)

- I am resolved to live my life with all my m\_\_\_\_\_ while I do live.
- I am resolved never to lose a moment of time, but to improve it in the most p\_\_\_\_\_ way I can.
- I am resolved never to do anything which I should d\_\_\_\_\_ or think meanly of in another.
- I am resolved never to do anything out of r\_\_\_\_\_.
- I am resolved never to do anything which I should be afraid to do if it were the last h\_\_\_\_\_ of my life.

N\_\_\_\_\_ Y\_\_\_\_\_ P\_\_\_\_\_

(Five Vivid Pictures)

1. A F \_\_\_\_\_  
(Lesson: Love Jesus F \_\_\_\_\_)  
(Luke 14:26; Matthew 10:22,37)
2. A C \_\_\_\_\_  
(Lesson: Live like a C \_\_\_\_\_)  
(Luke 14:27; Galatians 2:20, 5:24, 6:14)
3. A T \_\_\_\_\_  
(Lesson: Commit to a S \_\_\_\_\_  
F \_\_\_\_\_)  
(Luke 14:29; Philippians 1:6)
4. A W \_\_\_\_\_  
(Lesson: Submit to the S \_\_\_\_\_  
K \_\_\_\_\_)  
(Luke 14:32,33)
5. S \_\_\_\_\_  
(Lesson: Don't lose your S \_\_\_\_\_)